

Coming Soon

Mental illness affects approximately one in five American teens, and according to recent surveys, one quarter of young adult literature features characters with mental or psychological disorders.

Mental Illness in Young Adult Literature

Exploring Real Struggles through Fictional Characters

Kia Jane Richmond

1 VOLUME

This book explores how mental illness is portrayed in 21st-century young adult fiction and how selected works can help teachers, librarians, and mental health professionals to more effectively address the needs of students combating mental illness.

FEATURES

Offers extensive analysis of contemporary young adult fiction to help teachers and mental health professionals make informed choices when selecting novels to study in their courses or to recommend to individual adolescents

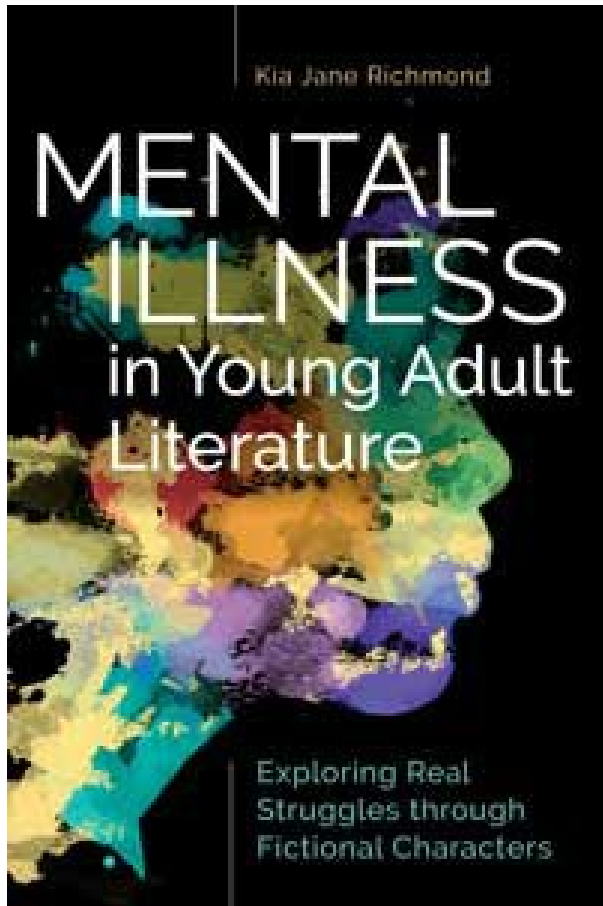
Examines the symptoms and warning signs of mental illness in adolescents in addition to how various disorders are diagnosed and treated

Suggests strategies for incorporating texts into existing educational curricula and community initiatives aimed at confronting the stigma associated with mental illness

Follows a standardized chapter format that makes it easy for readers to learn about the books and the mental illnesses they highlight

Provides an extended list of resources at the end of each chapter that includes additional young adult fiction and nonfiction as well as adult fiction texts

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